


# HERKIMER COUNTY OFFICE FOR THE AGING      Production      June 2026

<b>1</b>	4 oz Swedish Meatballs 1/2 c Egg Noodles 1/2 c Country Blend Vegetables 1/2 c Pears	<b>2</b>	1 c Chicken and Gravy 1 Biscuit 1/2 c Mashed Potatoes 1/2 c Peas 1/2 c Fresh Melon	<b>3</b>	4 oz Tuna Salad Cold Plate 1 Kaiser Roll 1/2 c Coleslaw 1/2 c Carrot Raisin Salad 1 Fresh Fruit	<b>4</b>	3 oz Roast Pork 1/2 c Sweet Potatoes 1/2 c Lima Beans 3"x3" Frosted Birthday Cake 	<b>5</b>	1 c Macaroni and Cheese 1/2 c Green Beans 1/2 c Stewed Tomatoes and Zucchini 1/2 c Fruit Cocktail
<b>8</b>	4 oz Philly Cheeseburger 1/2 c German Potato Salad 1 Hamburger Bun 1/2 c Squash 1/2 c Fruited Gelatin	<b>9</b>	4 oz Chicken Salad Cold Plate 1 Kaiser Roll 1/2 c Marinated Beet Salad 1/2 c Macaroni Salad 3"x3" Banana Bread	<b>10</b>	3 oz Roast Turkey with 2 oz Gravy 1/2 c Stuffing 1/2 c Corn 1/2 c Mandarin Oranges	<b>11</b>	1 c Chicken and Wild Rice Casserole 1/2 c Green Beans 1/2 c Japanese Blend Vegetables 1/2 c Peaches	<b>12</b>	1 c Lasagna 1 c Tossed Salad Dressing Pkt (cong) 1 Garlic Knot 1 Cookie
<b>15</b>	4 oz Salisbury Steak 1/2 c Rice Pilaf 1/2 c Country Blend Vegetables 1/2 c Pineapple	<b>16</b>	3 oz Lemon Chicken 1/2 c Mashed Potatoes 1/2 c Squash 1/2 c Tropical Fruit	<b>17</b>	3oz Pulled Pork 1 Bun 1/2 c. Baked Beans 1/2 c. Cucumber and Tomato Salad 1/2 c. Ice Cream	<b>18</b>	2 oz Ham and 1 oz Cheese Cold Plate 2 sl Wheat Bread 1/2 c Macaroni Salad 1/2 c Coleslaw 1 Banana	<b>19</b>	1 Sausage & Cheese Omelet 1/2 c Oven Roasted Potatoes 2 oz Muffin 1/2 c Fruit Cup <b>* NO BREAD*</b>
<b>22</b>	3 oz Sweet Sausage on a Roll 1/2 c Three Bean Salad 1/2 c Coleslaw 1 Orange	<b>23</b>	1 c Ziti with 4 oz Meatballs 1/2 c Italian Blend Vegetables 1 Garlic Bread 1/2 c Pudding  <b>**NO BREAD**</b>	<b>24</b>	3 oz Baked Chicken 1/2 c Seasoned Roasted Potatoes 1/2 c Carrots 1/2 c Apple	<b>25</b>	4 oz Egg Salad Cold Plate 1 Kaiser Roll 1/2 c Pasta Salad 1/2 c Corn Salad 1/8 Chef's Choice Pie	<b>26</b>	4 oz Fish on a Bun 1/2 c Oven Roasted Potatoes 1/2 c Spinach 1/2 c Watermelon
<b>29</b>	1 c Chicken Cacciatore 1/2 c Rotini in 2 oz Sauce 1/2 c Italian Blend Vegetables 1 Garlic Roll 1 Fresh Fruit <b>*NO BREAD*</b>	<b>30</b>	3 oz Turkey Cold Plate 2 sl Wheat Bread 1/2 c Carrot Raisin Salad 1/2 c Macaroni Salad 1 Cookie	<b><i>If you are NOT going to be home for a meal, please call the office at 867-1204 at least a day in advance</i></b>		<b>*Meals Served with Milk and Bread Daily</b>  <b>**Meals are Subject to Change</b>		<b>***Congregate Sites are staffed 10:30am-1pm Meal served at approx. 11:30am</b>	

\*Allergy Alert: Meals are prepared in a facility that uses eggs, tree nuts, peanuts, dairy, fish, shell fish, soy and wheat products\*

**\*\*Meals should be eaten upon delivery or immediately refrigerated. To reheat microwave for 2-3 mins. in microwave safe container.**